

# COOLING KNEE PAD

*with integrated magnets*

The Cooling Knee Pad combines the healing effect of cold therapy with powerful neodymium magnets. The knee compress is flexible, compact and handy. It can be applied to joints, the back, neck and stomach. Perfect for use in the home and on the go!

+ Cools small wounds

+ Relieves pain

+ Reduces swelling



The magnets should be facing the skin



## Knee joint

Walking, jumping, hopping, running – Our knee joint is exposed to stress in many different ways every day. In addition to sports injuries, signs of wear like arthrosis and particularly rheumatism are the most common causes for knee joint pain.



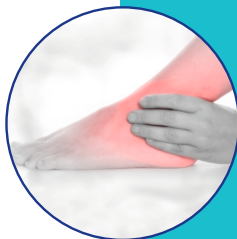
## Wrist

The hand is a real miracle. Due to the highly complex interplay of joints, muscles, tendons, ligaments and nerves, makes the hand the most versatile and indispensable tool for mankind. But the constant usage also brings a high risk of injury.



## Elbow joint

The elbow joint is involved with every movement of the arm. High intense levels of stress to the elbow joint occur from such actions as playing golf, tennis and many other sports, hobbies and work related activities.



## Ankle (ankle joint)

Our ankle joints are the most stressed joints in our body. With every single step, the ankle joints carry about four to five times our body weight. Correspondingly, the ankle joints are also commonly prone to damage and problems.

## Product description:

The MAGNETIX cooling knee pad, in the format 9 x 9 cm, offers quick and easy help with pain, swelling and small wounds. It is well suited for both cold applications as well as for warm applications (water bath). The circular

recess allows for better ventilation for small wounds. The soft cotton cover protects your skin from the cold and the warmth. The two loops on the cover allow you to apply the compress to the body.

- With a circular recess
- With a skin-friendly cotton cover
- With 3 powerful neodymium magnets (1,200 Gauss)

Instructions for use:  
Information for the user.

# BE BRAVE!

## Cooling knee pad



**Material:** PVC, blue gel  
**Dimensions:** 9 × 9 cm  
**Cover:** 100 % cotton  
With 3 neodymium magnets (1,200 Gauss)



### Application and use:

The MAGNETIX cooling knee pad can be used for cold therapy but is also excellent for heat therapy too. The compress is reusable and uncomplicated to use.



#### Applications for cold therapy\*

- Small wounds
- Aches and pains
- Headaches
- Swelling after cosmetic procedures
- Bruises + sprains
- Insect bites
- Welts
- Mild burns
- Toothache
- Inflammation
- Tennis elbow
- Nosebleeds

#### Instructions for use as a cold compress:



Place the Cooling knee pad (without cover) in the refrigerator or freezer for about 1 hour before use. After use, remove the cover and keep it somewhere handy. You can keep the Cooling knee pad in the freezer compartment ready for use at any time.

#### Applications for heat therapy\*

- Tension
- Aching joints
- Chills
- Sore muscles
- Menstrual cramps
- Warm up prior to sports
- Promotes local blood circulation

#### Instructions for use as a thermal compress:



Before use, place the knee pad (without cover) in a water bath (up to 50° C) for about 6 minutes. After use, remove the cover and keep it somewhere handy. **Attention:** Overheating may cause damage or even destroy the knee pad. **Not suitable for microwave ovens!**

\*These recommendations are not a substitute for medical treatment.



Also available:  
Cooling cushion  
Cooling head band

Your MAGNETIX Wellness Consultant:

**Warning:** Do not use on children under the age of three years. Application for the treating of arterial circulatory problems, hypersensitivity to cold, acute cardiac & circulatory diseases, only after consultation with your doctor. Place the knee pad in the enclosed cover before use. The gel is easily biodegradable and non-toxic. Never leave children alone with

the gel pad. If a child or adult has swallowed the gel content, it is recommended to urgently consult a doctor. Damaged compresses should no longer be used. The knee pad should never be in contact with a hot surface. Not suitable for microwave ovens! The knee pad can safely be disposed of in ordinary household waste. **Attention: For external use only!**